



NPT Health and Wellbeing Group

Annual Report – 22/23

In the beginning...

- Corporate Health Group – no funds to take forward new employee initiative
- Morale issues in the wake of continuing austerity and organisational change
- Proposal to establish a private society lottery supported by Council
- NPT Staff Health and Well-being Group formed to take forward the initiative
- Independent of the Council and run by staff volunteers
- Lucky Fridays lottery initiative launched Sept 2015 with first prize draw Xmas 2015
- Company Ltd by guarantee formed in 2022/23 to protect the interests of the volunteer board members



**'Lucky Fridays'
Twelve Days of Christmas
Bonus Draws
Prize winners weeks 1 & 2**

Day 1: Wed 2 Dec - 4 panto tickets 'Snow White and the Seven Dwarves' at the Princess Royal Theatre - Winner: **Anita Jayne Williams**, ticket no: 883
Day 2: Thurs 3 Dec - **fresh Christmas tree voucher** - Winner: **Stephen Evans**, ticket no: 539
Day 3: Fri 4 Dec - **wrapping paper, bows, gift tags & wallets** - Winner: **Stephen Forey**, ticket no: 211
Day 4: Mon 7 Dec - **Lady's gift set** - Winner: **Kathryn Davies**, ticket no: 252
Day 5: Tues 8 Dec - **Men's gift set** - Winner: **Angela Walters**, ticket no: 214
Day 6: Wed 9 Dec - **1 month free pass for Celtic Leisure Gyms** - Winner: **Sian Thomas**, ticket no: 324
Day 7: Thurs 10 Dec - **family cinema ticket for the Gwyn Hall** - Winner: **Christine Phillips**, ticket no: 797
Day 8: Fri 11 Dec - **Christmas cake** - Winner: **Sue Barrow**, ticket no: 82
Day 9: Mon 14 Dec - **Family pass: Santa's deer feed at Margam** - Winner: **Karen Jones (Occupational Health Unit)**, ticket no: 169
Day 10: Tues 15 Dec - **2 tickets for Romesh Ranganathan at Pontardawe Arts Centre** - Winner: **Steven Crowley**, ticket no: 668
Day 11: Wed 16 Dec - **Family pass: Santa's deer feed at Margam** - Winner: **Clive John Phillips**, ticket no: 368
Day 12: Thurs 17 Dec - **Christmas hamper (no alcohol)** - Winner: **Julie Ferris**, ticket no: 28

The draws took place in the Bar on the first floor of Port Talbot Civic Centre.





Lucky Fridays

- Have to be a member of the NPT Health and Well-being Group
- Have to be on the Council payroll
- Lucky Fridays members pay £1 per week (£4.34 per calendar month) to be eligible for the Lucky Fridays lottery
- Limited to one entry per person
- Weekly prizes of £300; £200; £100 and £50
- Bonus prizes at the discretion of the Executive Committee
- Fabulous Fridays (1st Friday of the month) provides a bonus of £1,000; we aim to draw four £5,000 prizes per annum and also other bonus prizes depending on income
- Independent adjudicators for each weekly draw with different people pressing the button each week. Temporary arrangements put in place during pandemic.
- Audited by internal audit services; deductions made by payroll; communications by corporate comms team.
- Turnover currently circa £110,000 per annum
- **Net increase of 303 new Lucky Fridays members** this year – smashing our target once again of 60 new members

Well-being

- Pandemic continued to disrupt our ability to deliver wellbeing programmes.
- Perkz subscriptions have been maintained.
- Cinema nights resumed – Thor, Elvis, Mathilda, Top Gun
- Theatre offer – discounted tickets on a variety of shows
- Increased expenditure on bonus prizes whilst wellbeing programme is re-introduced

Note: the purpose of the lottery is to improve the wellbeing of its members so we must maintain a wellbeing programme.

Business Plan 2023/24

Annual General Meeting

Lucky Fridays

- Further targeted recruitment campaign to increase the number of members by at least a net gain of 5 per month;
- **Retain** weekly cash prizes of £300, £200, £100 and £50
- **Retain** Four mega bonus cash prizes of £5,000
- Fabulous Friday bonus **increased** to £1,500/month
- Additional bonus prizes during the year based on income generated (see table)
- Contribute 10% to the well-being account



Bonus Prize Schedule

- Fabulous Fridays = £1,500 (first Friday of every month)
- Easter = £500
- School's out mega draw = £5,000
- Coronation Bonus Draw – 5X £500
- Payday bonus draw - £1000 each month
- Lucky Friday's Birthday Bonanza Mega Draw = £5,000
- Halloween = £500
- Bonfire Night = £500
- Christmas Mega Draw = £5,000
- We Love Lucky Fridays - Valentine's Day Bonus = £500
- St.David's Day Mega Draw = £5,000
- January – in addition to the fabulous Friday draw, a bonus draw of £500 each week over the remainder of the month
- Additional bonus prizes at discretion of the Executive Committee

Well-being Programme

- Deliver a regular cinema night programme with a discount of £10 per showing for members
- Secure Early Bird or discounted prices for local events at Margam Park and the Council's theatres
- Secure discounted access to Celtic Leisure services
- Identify further opportunities for discounted prices at local events/services to alleviate cost of living pressures
- LUMINATE Wales discount
- Continue the Mental Well-being theme – repeat the Men's mental health sessions and identify some new initiatives
- Identify further opportunities to relieve cost of living pressures on our members
- Continue the Perkz subscription
- Other initiatives at the discretion of the Executive Committee

Governance

- Ensure compliance with requirements applying to limited companies
- Arrange refresher training for new Executive Committee members on their role as Board members
- Maintain the Risk Register, Financial Policy and GDPR/Data Protection policy